

Kids List Personal Duties & Responsibilities

NAME _____ MONTH _____

Check off items each day, develop good habits for a lifetime.

Only one life that soon will pass. Only what's done with love will last. Author Unknown

MY DUTIES:	Week 1							Week 2							Week 3						
	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
Spend Quality Time with Family																					
Clean Room / Make Bed																					
Pick Up Dirty Clothes, Put in Hamper																					
Shower & Hang Up Towel (even after swimming)																					
Pick up Toys (Outside & Inside)																					
Finish Homework																					
READ - Books, Paper, Magazines, etc.																					
Practice Music																					
Exercise (Sports, Run, Lift, Ride, etc.)																					
Brush & Floss Teeth																					
Daily Prayers (Morning, Meals, Bedtime)																					
Help Prepare Meals / Eat Healthy																					
Set & Clear Table																					
Wear Helmets (Bike, Skateboard, etc.)																					
Load Dishwasher																					
Feed Pets & Clean Up Cages/Messes																					
Honest & Respectful - No Lies																					
Play Smart Games (Chess, Gobble & Mastermind)																					
Volunteering / Community Service																					

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